

What we want you to understand in Schools and Workplaces

APD (Auditory Processing Disorder) is characterized that the person can hear sounds but has difficulty in discriminating words.

Therefore, he or she often misses or does not fully understand what others are saying at school or in the workplace and is often misunderstood as being "unfocused" or "unmotivated," contrary to the person's awareness.

Difficulty in listening is especially noticeable in a noisy, busy or unfamiliar environment. As a result, people with APD tend to suffer during milestones such as entering school, moving on to higher grade, or starting employment.

However, APD does not always mean poor listening comprehension. With a few accommodations in the way you speak, the environment, and the use of equipment, their understanding can be greatly improved, and communication becomes easier. Then their stress will be reduced.

We hope that many teachers or co-workers around people with APD will use the information in this leaflet

We wish your support help people with APD have a fulfilling time at school, at work, and in society.

How to Support
People with

APD



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How to Support
People with

APD

Auditory Processing Disorder



What is APD

(Auditory Processing Disorder)?

"Can hear the sound, but have difficulty understanding the words" is a characteristic of APD.

APD is a condition in which there is no abnormality in the hearing examination and the sound itself can be heard. However, in some situations, people with APD are difficult to distinguish and understand speech sounds as words.

However, it is not always difficult to hear for them.
With just a little help from you, their listening skills and comprehension can be significantly enhanced.

Having trouble with these things



- Can't understand instructions or what is being said when there is noise
- Miss things when people talk too fast
- Difficulty in keeping up with group study or meetings
- Confused when multiple people speak at the same time
- Difficulty in hearing voices over the phone
- Can't remember long sentences
- Miss unfamiliar terms when they are used
- When nervous, it is difficult to understand what the other person is saying
- Easily forget verbal instructions
- Not good at taking notes while listening

How to Support People with

APD

Accommodations and support we would like to ask for ☒ Please give accommodations to the items checked.

① Speaking Style

N.B.

- ☐ Slowly, clearly, and in a reasonably loud voice
- ☐ In as quiet a place as possible
- ☐ At a short distance, from the front
- ☐ In sentences that are not too long
- ☐ Call the person by name first to alert them to your presence
- ☐ If you can't get through, rephrase in simple language
- ☐ Don't change the subject too quickly



② Environmental Adjustment

- ☐ Arranging seating and work locations away from air conditioning, mechanical noise, and telephones
- ☐ Seating arrangements close to the teacher, immediate supervisor, or facilitator
- ☐ Speaking one at a time in discussions and meetings



③ Other Accommodations

- ☐ Documentation of class/meeting content (handouts, board notes, minutes, etc)
- ☐ Transcribing important matters in writing (e.g. emails, memos, etc)
- ☐ Screen sharing for online meetings
- ☐ Exemption from the duties of taking phone calls
- ☐ Cooperation in the use of hearing aid systems* and intercom microphones



* A device that sends the sound of the microphone directly to the hearing aid.

N.B.

Think of it as "a way of speaking and environment that makes it easier to listen to a foreign language."

Equipment and tools we would like them to use ☒ Please cooperate with the use of the items checked.

Louden the sound/send it directly

- ☐ Hearing aid
- ☐ Digital wireless system
- ☐ In-ear monitor



Suppress noise

- ☐ Earphones with noise canceling function
- ☐ Earplugs



Display text/record audio

- ☐ Voice conversion
- ☐ Voice recorder
- ☐ Electronic memo
- ☐ Subtitle display for online meetings or chat

